



# TOWN OF DUXBURY

BOARD OF HEALTH  
TOWN OFFICES  
878 TREMONT STREET  
DUXBURY, MASSACHUSETTS 02332-4499

Tracy L. Mayo, R.S./R.E.H.S.  
Health Agent

Telephone (781) 934-1100  
Fax (781) 934-1118

## Town of Duxbury Board of Health Policy on Close Contacts

The Duxbury Board of Health, in order to reduce the risk of COVID-19 transmission and infection, hereby amends the definition of “close contact” to also include anyone participating as a player or coach in an indoor or outdoor sporting activity that has been exposed during the course of a game or practice to another participant or coach, either on the same or competing team, who has tested positive for COVID-19 within 48 hours of a game or practice, irrespective of maintaining social distancing of 6 feet for 15 minutes.

From the CDC:

*Individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes). Data are limited, making it difficult to precisely define “close contact;” however, 15 cumulative minutes of exposure at a distance of 6 feet or less can be used as an operational definition for contact investigation. Factors to consider when defining close contact include proximity (closer distance likely increases exposure risk), the duration of exposure (longer exposure time likely increases exposure risk), whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding), if the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors). Because the general public has not received training on proper selection and use of respiratory PPE, such as an N95, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE. At this time, differential determination of close contact for those using fabric face coverings is not recommended.*

The Duxbury Board of Health, in order to reduce the risk of COVID-19 transmission and infection, hereby amends the definition of “close contact” to include anyone participating as a player or coach in an indoor or outdoor sporting activity that has been exposed during the course of a game or practice to another participant or coach, either on the same or competing team, to anyone who has tested positive for COVID-19 within 48 hours of a game or practice.

This policy was voted by the Duxbury Board of Health on October 23, 2020 and shall remain in effect until such time the Board deems it no longer necessary.