

Town of Duxbury, Massachusetts
OFFICE OF HUMAN RESOURCES



TO: All Town Staff
 FROM: Jeannie Horne, Human Resources Director
 DATE: December 29, 2021
 RE: Updated COVID-19 Isolation and Quarantine Guidance

1. Stay at home if you:
 - a. Are awaiting COVID-19 test results, and quarantine
 - b. Tested positive for COVID-19, and isolate
 - c. Are close contact of someone with COVID-19, and unvaccinated or completed Pfizer/Moderna vaccine series over 6 months ago, or J&J over 2 months ago and not boosted, and quarantine

2. See the below table for today's updated COVID-19 guidance from the Massachusetts Department of Public Health, [click here](#) for details.

If you test positive for COVID-19 (isolate)	
Everyone, regardless of vaccination status	<ul style="list-style-type: none"> • Stay home for 5 days. • If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house. • Continue to wear a mask around others for 5 additional days. <p><i>If you have a fever, continue to stay home until your fever resolves.</i></p>
If you were exposed to someone with COVID-19 (quarantine)	
If you: Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR Completed the primary series of J&J vaccine within the last 2 months	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5, if possible. <p><i>If you develop symptoms get a test and stay home.</i></p>
If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&J over 2 months ago and are not boosted OR Are unvaccinated	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • If you can't quarantine you must wear a mask for 10 days. • Test on day 5, if possible. <p><i>If you develop symptoms get a test and stay home</i></p>

3. If you test positive for COVID-19 using an over the counter/at home self-test, isolate, tell your close contacts and healthcare provider. Another positive COVID-19 test from a healthcare provider is not required, but you must furnish supporting written documentation about your positive at home results from a government entity, day care, school or health care provider.

4. If you are requesting “Expanded MA COVID-19 Temporary Emergency Paid Sick Leave”, you must follow all regular work absence notification procedures with your supervisor/department head. [Click here](#) to access the request form, then complete and submit the form and supporting documentation to Jeannie Horne, Human Resources Director at Horne@duxbury-ma.gov before taking said leave, or as soon as practicable thereafter. The amended Massachusetts COVID-19 Emergency Paid Sick Leave Act extends the duration of the program and expands the reasons employees may take leave under the law. The new reason an employee can request this leave under the program is: “to care for a family member who needs to obtain or recover from a COVID-19 immunization.” *Note: The total hours requested cannot exceed the average number of weekly hours worked, total wages associated cannot exceed \$850 and any remaining wages must be drawn from available paid time off (sick, family sick, vacation, personal or compensatory).* [Click here](#) to learn more about the Act.

As always, please contact me with any questions you may have.