

Town of Duxbury, Massachusetts
OFFICE OF HUMAN RESOURCES



TO: All Benefit Eligible Employees, Spouses, Dependents and COBRA Participants
FROM: Jeannie Horne, Human Resources Director and Patrick Dillon, Chief Human Resources Officer
DATE: April 30, 2020
RE: Annual Benefit Enrollment

The Board of Selectmen approved a one percent (1%) rate increase effective June 1, 2020 to our Blue Cross Blue Shield HMO and PPO health insurance plans based on our prescription drug costs, overall plan expenses, improved claims experience and our collective commitment to long term health and preventative care. All other insurance plan rates remain unchanged at this time.

This year all annual benefit enrollment activities will be conducted virtually due to the Commonwealth's stay at home advisory and ban on gatherings of ten or more people to prevent and mitigate the spread of Coronavirus (COVID-19). A copy of this memo, insurance rates, plan information and health, dental and vision enrollment forms are available on the Town of Duxbury's Human Resources Department webpage under [May Annual Enrollment Information](#).

New enrollments or changes to health, vision, dental, life, disability, critical illness, cancer expense or accident insurance plans must be made during our May 1 - 31 annual enrollment. Related payroll deductions begin in June and benefits are effective July 1. *NOTE: If you do not wish to enroll in additional benefits or make changes at this time, no action is required and your current benefit coverage will continue.*

Learn about our HMO and PPO health insurance plans through the:

- BCBS Plan-education Webinar, May 11 from 2 - 3PM, register at <https://register.gotowebinar.com/register/1479365813996901645>
- BCBS Account Education Line, May 13 call in anytime between 4 - 5:30PM at 888/517-3725

Learn about our vision, dental, life, disability, critical illness, cancer expense or accident insurance plans through the:

- Zoom meeting on May 14 from 4 - 5:30 PM (plan to join 5-10 minutes early if possible)
 - in teleconferencing mode from any phone, call 415/762-9988, enter Meeting ID: 899 0486 8467 and Password: 012432 or,
 - in videoconference mode using the Zoom App on your computer, smartphone or tablet via this link <https://us02web.zoom.us/j/89904868467?pwd=VXlwVG92bStlY1ltcGJtZz09>

All health, dental, and vision plan questions, enrollments or changes please complete [enrollment form\(s\)](#), then print, sign and:

- Town employees submit forms to Phylis Hughes, Town of Duxbury, 878 Tremont Street, Duxbury, MA 02332, phone: 781/934-1100, ext. 5412 email: personnel@town.duxbury.ma.us
- School employees submit forms to Diane Hale, Duxbury Public Schools Business Office, 93 Chandler Street, Duxbury MA 02332, phone: 781/934 7600, ext. 2907 email: hale@duxbury.k12.ma

All life, disability, critical illness, cancer expense or accident plan enrollments, changes, claims, wellness benefits or questions:

- All employees contact LifePlus: Jim Flynn, 781/789-8859, jim@lpins.com or Roger Goodson, 781/987-4020, roger@lpins.com

Additional Blue Cross Blue Shield HMO and PPO health insurance information:

- Effective July 1, 2020 - Acupuncture, Diabetes Care Value Plan for qualified pre/diabetic members, Telehealth Lactation Consulting, 90 day maintenance prescription drugs can be filled at CVS retail pharmacies for the same copay as the mail order plan.
- Turning 65 - Employees and spouses turning 65 are required to enroll in Medicare Part A and provide documentation to Phylis Hughes, Benefits Specialist. Similarly, retirees and spouses/surviving spouses turning 65 are required to enroll in Medicare Part A & B, Medex or Managed Blue for Seniors and Blue Medicare Rx with assistance from Phylis Hughes (see contact information above).
- Resources - MyBlue at <https://myblue.bluecrossma.com> or MyBlue Member App via App Store or Google Play, offers convenient, secure, easy-to-use tools to make informed choices about your health, treatment and coverage options by; learning about your plan, estimating costs, comparing emergency room alternatives (nurse line, telehealth, limited service clinics, urgent care centers), viewing claims, deductible status, provider visits, prescriptions, exploring discounts and condition management programs.

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The mission of the Town of Duxbury is to deliver excellent services to the community in the most fiscally responsible and innovative manner while endeavoring to broaden our sense of community and preserve the unique character of our town