

## **COVID-19 Response Command Center**

### **Reopening Massachusetts – Phase 1**

#### **Training Resources for Employers Subject to Mandatory Safety Standards for Workplaces**

This document provides local boards of health with training resources for employers that are subject to the [mandatory safety standards for workplaces](#) in Phase 1 of the Reopening Massachusetts plan. The resources align with the core strategies that are provided on the sector-specific checklists: social distancing; hygiene; staffing and operations; and cleaning and disinfecting.

The resources have been compiled from federal and non-Massachusetts state government sources. We encourage employers to use trusted governmental sources for employee training. While they might not fully align with Massachusetts-specific information, they are a useful supplement to an employee training program. We will expand the list as new resources become available—including those developed for Massachusetts employers.

#### **Steps You Can Take To Train Your Employees**

- Review mandatory safety standards for workplaces  
<https://www.mass.gov/info-details/reopening-mandatory-safety-standards-for-workplaces>
- Review reopening Massachusetts web page for your sector  
<https://www.mass.gov/info-details/reopening-massachusetts#sector-specific-protocols-and-best-practices->
- Visit the U.S. Centers for Disease Control and Prevention web page for businesses and workplaces  
<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>
- Use the checklist for your sector to train employees on your protocols to keep your workplace safe

#### **Core Strategies-Specific Resources to Help with Training**

##### **Social Distancing**

- Increase social distance at work (U.S. Department of Labor)

English <https://www.youtube.com/watch?v=QmAwg8qMBRo>

Spanish - <https://www.youtube.com/watch?v=uYsy4mAugOo&list=PLY-LCLcsLXVFldr4Cg30gPOLLGSLDp6l-&index=8>

- Social distance assembly lines (U.S. Department of Labor)

English [https://www.youtube.com/watch?v=7d\\_UgYAcISO](https://www.youtube.com/watch?v=7d_UgYAcISO)

- Business/Employers COVID-19 Checklist (Ohio)

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/Businesses-Employers-COVID-19-Checklist>

### Hygiene

- How to Protect Yourself and Others (U.S. Centers for Disease Control and Prevention)  
Includes 'What You Need to Know about Handwashing' (Video)

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

- When and How to Wash Your Hands (Alaska Department of Health and Social Services)

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/washyourhands.aspx>

### Staffing and Operations

- NIEHS Worker Training Program (National Institute of Environmental Health Sciences)  
Includes 'Essential and Returning Workers Training Tool'

<https://tools.niehs.nih.gov/wetp/covid19worker/>

- Interim Guidance for Businesses and Employers (U.S. Centers for Disease Control and Prevention)

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

### Cleaning and Disinfecting

- Cleaning (U.S. Department of Labor)

English <https://www.youtube.com/watch?v=GCgImnV-3M0&list=PLY-LCLcsLXVFldr4Cg30gPOLLGSLDp6l-&index=4>

Spanish <https://www.youtube.com/watch?v=EJ8pg5LcAmU&list=PLY-LCLcsLXVFldr4Cg30gPOLLGSLDp6l-&index=9>

- Getting Your Workplace Ready for COVID-19 (World Health Organization)

<https://www.who.int/docs/default-source/coronaviruse/advice-for-workplace-clean-19-03-2020.pdf>

- Cleaning and Disinfecting Your Facility (U.S. Centers for Disease Control and Prevention)

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>