

## **SAVE THE DATE!**

Listen, Learn and Engage!

## **WELLNESS FAIR**

May 15<sup>th</sup> 3:00p.m. – 5:00p.m. Alden School

## **Stop by the Wellness Stations:**

- BBQ Well
- Dig Into Dark Chocolate

The day includes Q&A and activities with wellness practitioners, and more!



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