

Town of Duxbury, Massachusetts

OFFICE OF HUMAN RESOURCES



TO: All Benefit Eligible Employees, Spouses, Dependents and COBRA Participants
FROM: Jeannie Horne, Human Resources Director
DATE: May 1, 2023
RE: May 17 Annual Benefit Fair from 2-5 PM at Alden School, Rm 104 and May 1-31 Annual Benefit Enrollment for health, vision, dental, term life, universal life, cancer, critical illness, accident and short-term and long-term disability insurance plans

This year the Selectboard approved a two percent (2%) rate increase for our Blue Cross Blue Shield HMO and PPO health insurance plans effective June 1, 2023 based on our overall expenses and claims experience. (All other insurance rates remain unchanged at this time.) A copy of this memo, insurance rates, plan information as well as health, dental and vision enrollment forms will be available on the Town of Duxbury's Human Resources Department webpage under "May Annual Enrollment Information" or just click this link <https://www.town.duxbury.ma.us/human-resources/pages/may-annual-enrollment-information-health-employee-retiree-dental-employee>

Come to the annual benefit fair on Wednesday, May 17 from 2-5 PM, at Alden School, Room 104, 75 Alden Street, Duxbury, win one of several door prizes, have a snack at the "Shake-it-up" nutrition awareness station, catch-up with friends and talk with our benefit providers. These providers will include Firefly Health and Carbon Health, Virtual Primary Care Physician (VPCP) models, combining the convenience and efficiency of online primary care with the thoroughness of traditional primary care. Participants register as a patient, choose a primary care provider, and will have their own dedicated virtual care team, including integrated mental health services and a Care Coordinator to arrange any necessary follow-up appointments (either in-person and virtual).

All new enrollments or changes to health, vision, dental, term life, universal life, cancer, critical illness, accident and short-term and long-term disability insurance must be made during this May 1 - 31 annual enrollment period. Related payroll deductions begin in June and benefits begin July 1. (Enrollment in CanaRx, 529 College Savings, 457(b) and Pet Insurance can happen anytime, [click here](#) for details.) *NOTE: If you do not wish to enroll in additional insurance or make changes to your existing insurance, no action is required and your current insurance coverage will continue unchanged.*

For health, dental and vision insurance questions, enrollments or changes, go to the [May Annual Enrollment webpage](#), print the enrollment form(s), complete, sign and submit as follows:

- Town employees, to Phylis Hughes, Town of Duxbury, 878 Tremont Street, Duxbury, MA 02332, phone: 781/934-1100, ext. 5412 and email: hughes@duxbury-ma.gov
- School employees, to Kerri Nixon, School Business Office, 93 Chandler Street, Duxbury MA 02332, phone: 781/934 7600, ext. 2907 and email: knixon@duxbury.k12.ma.us

When enrolling in family health insurance, birth certificates for the employee and all dependents are required and well as and a marriage certificate for a spouse.

For term life, universal life, cancer, critical illness, accident and short-term disability insurance questions, enrollments, changes, claims or wellness benefits:

- All employees contact LifePlus: Jim Flynn at 781/789-8859, jim@lpins.com or Roger Goodson at 781/987-4020, roger@lpins.com

For long-term disability insurance questions or enrollments read the [Long-term Disability Enrollment Packet](#), print the enrollment form, complete, sign scan and submit via email as follows:

- All employees contact Mosse & Mosse: Brian Fitzgerald at 781/342-1198, brf@mosseservices.com

Additional Blue Cross Blue Shield HMO and PPO health insurance information:

- MyBlue Member App or MyBlue at <https://myblue.bluecrossma.com> - Access convenient, secure, easy-to-use tools to make informed choices about your health, treatment and coverage options, learn about your plan, estimate costs, compare emergency room alternatives (nurse line, telehealth, limited service clinics, urgent care centers), view claims, deductible status, provider visits, prescriptions, explore discounts and condition management programs.
- Turning 65 - Employees and spouses turning 65 are required to enroll in Medicare Part A and provide documentation of same to Phylis Hughes, Benefits Specialist. Similarly, retirees and spouses/surviving spouses turning 65 are required to enroll in Medicare Part A & B, Medex *or* Managed Blue for Seniors *and* Blue Medicare Rx with assistance from Phylis Hughes (see contact information above).