

Town of Duxbury, Massachusetts
OFFICE OF HUMAN RESOURCES



TO: All Benefit Eligible Retirees, Spouses, Dependents and COBRA Participants
FROM: Jeannie Horne, Human Resources Director
DATE: April 24, 2023
RE: May 17 Annual Benefit Fair from 2-5 PM at Alden School, Rm 104 and May 1-31 Annual Benefit Enrollment for BCBS HMO and PPO, EyeMed Vision and Delta Dental Plans

This year the Selectboard approved a two percent (2%) rate increase for our Blue Cross Blue Shield HMO and PPO health insurance plans effective June 1, 2023 based on our overall expenses and claims experience. (All other insurance rates remain unchanged at this time.) A copy of this memo, insurance rates, plan information as well as health, dental and vision enrollment forms will be available on the Town of Duxbury's Human Resources Department webpage under "May Annual Enrollment Information" or just click this link <https://www.town.duxbury.ma.us/human-resources/pages/may-annual-enrollment-information-health-employee-retiree-dental-employee>

Come to the annual benefit fair on Wednesday, May 17th from 2-5 PM, at Alden School, Room 104, 75 Alden Street, Duxbury, talk with benefit providers, win a raffle item, have a snack at the "Shake-it-up nutrition awareness station" and catch-up with friends. All new enrollments or changes to health, vision, dental insurance must be made during this May 1 - 31 annual enrollment period. Related deductions begin in June and benefits begin July 1. Enrollment in CanaRx, 529 College Savings, 457(b) and Pet Insurance can happen anytime, [click here](#) for details. *NOTE: If you do not wish to enroll in additional insurance or make changes to your existing insurance, no action is required and your current insurance coverage will continue.*

For health, dental, and vision plan enrollments or changes please print, complete, sign and return the applicable enrollment form(s) from this link <https://www.town.duxbury.ma.us/human-resources/pages/may-annual-enrollment-information-health-employee-retiree-dental-employee> and mail to Phylis Hughes, Benefit Specialist, Town of Duxbury, 878 Tremont Street, Duxbury, MA 02332 or email to hughes@town.duxbury.ma.us. Feel free to contact Phylis at 781/934-1100, ext. 5412 with any questions.

Additional Blue Cross Blue Shield health insurance information:

- Effective July 1, 2023 Virtual Primary Care Physician (VPCP) model will be available to our BCBS HMO and PPO members, combining the convenience and efficiency of online primary care with the thoroughness of traditional primary care. Participants choose either a Firefly Health or Carbon Health primary care provider, register as a patient with them and have their own dedicated virtual care team, including integrated mental health services and a Care Coordinator to arrange any necessary follow-up appointments (either in-person and virtual).
- MyBlue Member App or MyBlue at <https://myblue.bluecrossma.com> - Access convenient, secure, easy-to-use tools to make informed choices about your health, treatment and coverage options, learn about your plan, estimate costs, compare emergency room alternatives (nurse line, telehealth, limited service clinics, urgent care centers), view claims, deductible status, provider visits, prescriptions, explore discounts and condition management programs.
- Turning 65 - Retirees and spouses/surviving spouses turning 65 are required to enroll in Medicare Part A & B, Medex *or* Managed Blue for Seniors *and* Blue Medicare Rx with assistance from Phylis Hughes, Benefit Specialist, Town of Duxbury, 878 Tremont Street, Duxbury, MA 02332 or email to hughes@town.duxbury.ma.us. Feel free to contact Phylis at 781/934-1100, ext. 5412 with any questions.

(Rate sheet provided on the back side of this page)

878 Tremont Street, Duxbury, MA 02332 Telephone: 781-934-1100 x5410 Fax: 781-934-9011