

DUXBURY SENIOR CENTER 10 Mayflower Street ◆ P.O. Box 2113 ◆ Duxbury, MA 02331

Mr. John D. Sampleperson Newport ONE 21 Railroad Avenue Duxbury, MA 02332

## You Can Count on Me to Support Our Senior Center!

Here is my Donation: $\Box$	\$XX	□ \$XX	□ \$XX	Contact me for volunteer opportunities.
	□ \$XX	<b>\$</b>		Email address:
$\square$ I have asked my company to match my gift.				Phone number:

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Please make checks payable to: Friends of the Duxbury COA. Send to: Friends of the Duxbury COA, P.O. Box 2113, Duxbury, MA 02331. (Your gift is tax-deductible to the extent allowed by law.)





Dear Mrs. C,

Duxbury has proven again and again to be a community that supports those in need. The commitment to the health and well-being of older adults in Duxbury has been a shining example of that caring spirit.

Aging isn't always easy, and so much of what the Duxbury Senior Center offers is a result of your generosity and the fundraising efforts of the Friends of the Council on Aging. Your past support has been tremendous, **but we need your help more than ever.** 

Many older adults in Duxbury, perhaps including some of your friends and neighbors, rely on nourishing and affordable meals, free transportation, and connections to resources that help alleviate social isolation. The current challenge is keeping up with increasing costs as well as the growing senior population. **Each year, more and more residents need the services the Duxbury Senior Center can provide.** 

Thanks to your generosity, our seniors have access to FREE transportation in Duxbury and throughout the surrounding towns. Last year, 5,580 rides were provided for seniors. That is a 55% increase from the year before.

Importantly, the Friends have been able to support staff salaries to help meet the growing demand for services and programs. Your donations also covered the renovation of the Center's library room and the updates in the Mayflower Café, which add to the Center's welcoming environment.

As you can see, your donation is very important. Please give today, so we can continue the work to ensure everyone is cared for.

A few of the numbers from last year tell the story of how vital the services are to the overall well-being of older adults in Duxbury:

- 18,196 affordable meals were prepared at the Duxbury Senior Center kitchen and 9,663 were delivered to homebound residents.
- 225 days of respite were provided to caregivers while their loved ones attended the supportive Social Day program for adults with Alzheimer's disease or a related form of dementia.
- 19,105 older adults participated in 5,001 programs.

(over, please)

10 Mayflower Street ◆ P.O. Box 2113 ◆ Duxbury, MA 02331 The Friends of the Duxbury Council on Aging is a 501(c)(3) organization.

None of this could have happened without the compassion of donors like you. On behalf of the Friends of the COA, a 501(c)(3) organization, I hope we can count on you to send your most generous donation. Your support is critical to our efforts!

Sincerely,

Paul Brogna

President, Friends of the Duxbury COA

P.S. As a community we can do anything when we work together—and your donation makes all the difference.

Attn: 2023 Annual Fund



Thank you!

FRIENDS OF THE DUXBURY COUNCIL ON AGING PO BOX 2113 DUXBURY, MA  $\,$  02331-2113

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