

# Town of Duxbury Employee Fitness Benefit



Plymouth Fitness, located on Aldrin Road in the Plymouth Industrial Park, is the area's premier health club. Plymouth Fitness features tons of state-of-the-art equipment, scores of weekly Group Exercise classes, Swimming Pool, Spinning, Pilates, Zumba, Yoga and much more. Check out [www.plymouthfitness.com](http://www.plymouthfitness.com) for schedules, service descriptions, and more information.

Town of Duxbury employees can enroll in the membership benefit anytime at Plymouth Fitness with only a \$29 activation. Dues will be paid to Plymouth Fitness through payroll deductions at a reduced rate and are:

\$18 weekly for employees  
\$14 weekly for the second adult

***Plus, you may be eligible for an annual reimbursement from  
Your health insurance provider!***



Contact the Membership Department at Plymouth Fitness (508) 746-7448 ext 115 or email at [membership@plymouthfitness.com](mailto:membership@plymouthfitness.com) with any questions or to schedule a tour.

