

A particular focus of the Duxbury Senior Center's mission is to create an environment where we treat people with dignity, respect and compassion. It is important that class discussion is civil, and questions and comments are respected and respectful. If you have any concerns at any time about your class, please contact Joanne Moore or Angela Sinnott.

**Registration for the Spring 2024 Semester
begins on Monday, February 12 @10:00 AM.
\$30 per class, payable to Town of Duxbury.**

MONDAY

#1. THE JOY OF BIRDING *with Sally Avery*

Monday, 9:00 AM-10:30 AM

April 1 through May 13
(6 sessions, No class April 15)

The Joy of Birding will introduce participants to the “how to’s” of birding and/or observing birds at home through lecture materials and field trips. Sessions will alternate between in-class lecture and outings to various Duxbury locations to observe birds. In the first class we will examine where birds are found, introduce the tools of the trade, and demonstrate how to identify birds through understanding parts of the anatomy. In subsequent classes we will discuss how to attract birds to your yard, and which foods to provide to attract a variety of species. Additionally, bird calls will be integrated into the lecture as an aid to audio identification of birds. The final lecture will be on the life cycle of a bird including topics such as migration, nesting, and molting.

Equipment for Field Trips: Binoculars will be useful so make every effort to borrow a pair, if necessary. Transportation is not provided for field trips.

SALLY AVERY *has been a birdwatcher all her life and has been actively birding the South Shore for over 25 years. To augment her field experience, she earned a certificate for the Cornell home study course on Bird Biology and has taken several of Cornell’s online courses in the intervening years. She has given over 150 lectures on bird song, landscaping for birds, and various topics about bird ecology starting in 2000 and has led scores of bird trips for Mass Audubon, The Trustees, and the South Shore Bird Club during that same time frame.*

#2. GREAT DECISIONS with *Bill TenHoor and Larry Conley*

Monday, 11:00 AM-12:30 PM

March 4 through April 29

(8 sessions, No class April 15)

The US Foreign Policy Association has been sponsoring *Great Decisions*, America's most prominent discussion program on world affairs, for over 60 years. This dynamic citizen engagement education program involves reading the [Great Decisions Briefing Book](#), watching the DVD and meeting in a forum to discuss the most critical global issues facing America today. This year's topics are: Mideast Realignment, Climate Technology, Science Across Borders, U.S.-China Trade Rivalry, NATO's Future, Understanding Indonesia, High Seas Treaty, and Pandemic Preparedness.

Each registered participant will receive a copy of [The Great Decisions Briefing Book](#).

BILL TENHOOR served in leadership positions in government and the private sector over five decades, focusing on healthcare policy and services development, financing and operations. He was a policy executive for three Secretaries of the US Department of Health and Human Services, a division director at the US Administration on Aging and manager at the National Institute of Mental Health. He helped startup the nation's largest managed behavioral healthcare company and served on national corporate boards. His consultancy clientele over the last two decades have included BlueCross and BlueShield insurers and national healthcare service delivery and advocacy organizations.

LARRY CONLEY'S background is a Human Resource Consultant working with Fortune 500 Companies in improving management skills and impacting productivity improvement. He has conducted workshops, lead discussion groups and facilitated managers and faith focused classes. He is an avid reader and a history student.

#3. FILM NOIR II: AMERICAN FILM NOIR DETECTIVES OF THE CLASSIC PERIOD, 1940-1960 with *Carl Meier*

Monday, 1:00 PM-4:00 PM

March 4 through April 29

(8 sessions, No class April 15)

This course is a follow up to "The streets were dark with more than night," but it is not necessary to have taken the first course to enjoy the second. We spent the first course watching eight films from the 1940s and 1950s that are typically classified as "noir." In the second installment we will again watch eight films. The emphasis this time will be on the "detectives" who were key agents in many noir films. Some of the "detectives" are policemen, some are professional PIs and some are simply "civilians" caught up in events.

Course Material: Viewer Guides will be provided for each film.

CARL MEIER holds a BA in Philosophy from Hamilton College, MSSc in History from Maxwell School, Syracuse University, and taught History and Philosophy in the Duxbury School System from 1966-1998.

TUESDAY

#4. USA AND THE MUSLIM WORLD- HOW CAN WE BE FRIENDS? with Junaid Yasin

Tuesday, 9:00 AM-10:30 AM

April 2 through April 23

(4 sessions)

The United States and Muslims have a long history. In this course we will explore the early history of Islam in the US and review how oil in the middle east became a major factor in defining US relations with some oil rich Muslim countries such as Saudi Arabia. We will then move on to discuss how the US developed relations with some other Muslim countries such as Pakistan, Iran and Turkey. We will review the strains between the US and Muslim countries caused by the oil crisis in 1973, the first Gulf war in 1991 and the failure of the Oslo accord of 1993. This will lead to a discussion of the milestone event of 9/11/01 and the frustrations of many Muslims with US insensitivities. Our discussion will conclude with an examination of the current situation and explore future options/paths that are possible to the mutual benefit of the US and the Muslim world.

Suggested Reading: *Palestine: Peace Not Apartheid* by Jimmy Carter

JUNAID YASIN is a practicing Muslim who holds a Master's degree in Engineering from UCLA and an MBA from the University of Chicago. He has over 35 years of US and international professional engineering experience in the design and construction of large electrical power plants. Junaid has made presentations to various audiences, including Lifelong Learning classes in Duxbury. He has been active in various interfaith discussions and co-led an interfaith dialogue/discussion group.

#5. A CITIZEN'S GUIDE TO THE SUPREME COURT with John S. Ross III

Tuesday, 11:00 AM-12:30 PM

March 5 through April 9

(6 sessions)

This course will examine the Supreme Court as an institution. Topics will include the history and constitutional framework of the Court; jurisdictional issues; the role of the Court in the federal court system; the Court's procedures for selecting and deciding cases; the process of nominating and confirming justices; the influence of ideology and politics on the Court's decisions; the implications of the recent ideological shift of the Court; the increasing use of the "shadow docket"; ethical rules applicable to the justices and recent ethics issues; and proposals for reforming the Court. Since this is an election year we will also address the role of the Court in resolving election-related controversies.

Required Text: *The U.S. Supreme Court: A Very Short Introduction*, by Linda Greenhouse (Oxford Univ Press, Third Ed. 2023)

JOHN S. ROSS, III (JACK) holds degrees from Yale University (A.B. in history), the University of Virginia School of Law (J.D.), and New York University School of Law (LL.M.). He practiced law for 20 years in Washington, D.C. He also served as Adjunct Professor of Law at Washington and Lee University School of Law, and has taught numerous courses on constitutional law, the Supreme Court, and other topics in the Worcester Institute of Senior Education (WISE), a lifetime learning program affiliated with Assumption University. Jack also facilitates the WISE Supreme Court Special Interest Group and has appeared on television and radio programs in the Worcester area.

#6. FILM NOIR X: CORRUPTION AND STONERS with Carl Meier and Jon Lehman
Tuesday, 1:00 PM-4:00 PM March 5 through April 23
(8 sessions)

Any knowledge of history tells us that every society has corrupt elements. Sadly, we tend to think of politics when we think of corruption, but it doesn't end there. Organized crime not only corrupts honest society, but corrupts itself as well. We can find corruption in professional sports and even, as we have learned lately, in college admissions. Such a daily exposure to corruption is likely to produce disillusionment or cynical disinterest in ordinary citizens. In Film Noir X we will explore both the corruption and the disillusionment (or indifference). We will watch and discuss eight noir films, the first six will explore various examples of corruption while the last two, dubbed Stoner Noir by the critics, will explore disillusionment and disinterest. As always, it is not necessary to have been in previous classes.

Course Material: Viewer Guides will be provided for all films.

CARL MEIER holds a BA in Philosophy from Hamilton College, MSSc in History from Maxwell School, Syracuse University, and taught History and Philosophy in the Duxbury School System from 1966-1998.

JON LEHMAN has a BA in English literature from the University of Chicago. He was the theater critic of *The Patriot Ledger* from 1970 through 2001.

WEDNESDAY

#7. THE FIFTIES: A SURPRISINGLY DYNAMIC DECADE with Arthur (Buck) Benedict
Wednesday, 9:30 AM-11:30 AM March 13 through May 1
(**VIRTUAL**: 8 sessions)

The 1950s was a staid, peaceful, maybe even dull time, certainly, compared to the Sixties. But behind that blah facade, was suffering, fear, and anxiety. The Korean War. The Cold War. CIA-

led covert operations to replace regimes in Iran and Guatemala. The fear of Communist domination and threat of nuclear annihilation. There was also the beginning of the end of Jim Crow's hold on the South with the 1954 Supreme Court decision on segregated schools, the brutal murder of Emmett Till, and the courage of Rosa Parks. Finally, there was the emergence of television as the major source of entertainment and news. But also, the packaging and selling of presidential candidates. There was a lot going on in the Fifties. This course will dive beneath the placid surface to give the decade the attention it deserves.

Course Material: The facilitator will provide links to materials to support class discussion.

BUCK BENEDICT taught public speaking and speechwriting at the University of Pennsylvania for 16 years. He previously taught a course on the 60s for the Senior Center. Buck is married to Joy Mills, the widow of the late Rev. Lew Mills. She raised her children in Duxbury.

#8. CULTURAL CLASHES IN *THE NEW YORKER* with Gene Blanchard

Wednesday, 10:30 AM-12:00 PM

March 6 through April 24

(8 sessions)

This course is an open-format discussion of pre-assigned readings in *The New Yorker* magazine (three articles per session) and is known for its lively conversation on politics, books, science, the arts, current events or just about anything. Whether you come to share your thoughts or just listen, all are welcome!

Required Magazine: *The New Yorker* magazine. Check out student subscription rates.

GENE BLANCHARD, a retired attorney, is a graduate of Brown University, majoring in American Civilization, and Harvard Law School. Active in civic affairs and a regular reader of "The New Yorker" for many years, he has lived in Turkey and traveled widely in Europe, Africa, the Middle East and the Far East.

#9A. THE LIFE AND TIMES OF E.B. WHITE with Beth Cameron-Kilbridge

Wednesday, 1:30 PM-3:00 PM

March 6 through April 24

(8 sessions)

#9B. THE LIFE AND TIMES OF E.B. WHITE with Beth Cameron-Kilbridge

Wednesday, 1:30 PM-3:00 PM

March 6 through April 24

(VIRTUAL): 8 sessions)

The Life and Times of E. B. White (1899-1985) explores this American author's journey from a family of music and painting to The New Yorker Magazine where he finds work and love that leads him on to a farm in Maine "somewhere between Nova Scotia and Cuba." E. B. White's writing celebrates his country, friends, nature, and rural New England. Beth will bring to life

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White's joy of simple pleasures, humor and insight that continues to engage, educate, and entertain today.

Required Text: *One Man's Meat* by E.B. White, Tilbury House Publisher, 1997 and *Charlotte's Web* by E.B. White, illustrated by Garth Williams, 1952

BETH CAMERON-KILBRIDGE has been involved in international public speaking and storytelling for over 35 years. She is a seasoned educator, literary researcher and world traveler with extensive experience in Britain, Ireland, Scandinavia, New Zealand and Australia. Beth has taught at Regis College, Northeastern University, Aquinas Jr. College, Newton North High School, and Boston and Quincy Public Schools. Beth has enjoyed working in Duxbury since 2008, from the Alden After-School Program to the Duxbury Senior Center teaching Life Long Learning courses and Christmas and Summer Animation events.

THURSDAY

#10. WINSTON CHURCHILL AND THE POWER OF LEADERSHIP with Peter Rapelye

Thursday, 9:30 AM-11:00 AM

March 7 through April 11

(6 sessions)

Born into privilege, yet dedicated to a life of public service, Winston Churchill embodied the qualities that make great leaders. Bold adventurer, prolific writer, skillful orator, fearless soldier, and elder statesman, Churchill is considered one of the most influential leaders and iconic figures of the 20th century. "He was the lion that roared when the British Empire needed him the most." His indomitable spirit, wit, wisdom, and reverence for history helped save the world from the perils of World War II and its aftermath. Indeed, these were his finest hours. The course will examine the life and times of Winston Churchill and the enduring legacy of great leadership that he left for generations to come.

PETER Y. RAPELYE retired in 2012 after 40 years as an independent school educator, AP history teacher, Department Chair, admissions and athletics administrator, and most recently as headmaster of the Princeton Junior School in Lawrenceville, NJ. He has served as a trustee and chair of a number of independent schools in NJ and New England. Recipient of several fellowships through the National Endowment of Humanities and the Gilder Lehrman Institute, Peter holds a BA from the University of Rhode Island and a MSc in International Relations from The London School of Economics, University of London. He has pursued additional studies in history at Brown, Harvard, Princeton, UMass, and Oxford. An Army veteran, Peter and his wife, Janet, are third generation residents of Duxbury. He is a trustee of DRHS, an Honorary Member of the Dedham Country Day School Corporation, a member of the Holland Society, and 2nd Vice President of the South Shore Chapter of MOAA (Military Officers Association of America). This is Peter's seventh year teaching at The Duxbury Senior Center.

#11. TELLING STORIES WITH MUSIC: CLASSIC TALES IN CLASSICAL MUSIC

with Susan Cook Thanas

Thursday, 1:00 PM-2:30 PM

March 7 through April 11

(6 sessions)

Although we may not be aware of a story within a classical piece of music, it is often there. In this course we will read several enduring tales that have been celebrated in classical composers' instrumental pieces and learn to recognize the ways these stories are communicated. Each week we will prepare by reading a narrative or play and then in class study the remarkable way that tale is interpreted as we listen to the full piece of music. Instrumental pieces will include Rimsky-Korsakov's *Scheherazade* and Prokofiev's ballet *Romeo and Juliet* besides several others.

Students should have their own copy of the play Romeo and Juliet. Copies of other shorter stories will be supplied by the facilitator.

SUSAN COOK THANAS is a retired English teacher from DHS and DMS who has always delighted in literature and music. She looks forward to sharing these two passions with others who also enjoy these subjects.

#12. CREATURES OF DUXBURY BAY with DBMS Instructors

Thursday, 3:00 PM-4:30 PM

March 14 through April 18

(6 sessions)

Dive into the fascinating world of marine science in and around Duxbury Bay. This course provides an in-depth exploration of the bay, surrounding waters and the diverse life forms they support. From sea-life to marine conservation and climate change impacts, you'll gain a profound understanding of the marine environment. Join us for an immersive journey through the depths of our planet's most enigmatic and essential ecosystem. The final class will be at DBMS to experience the Touch Tank -Estuary Ecosystem.

BREANNA WHITTEMORE the DBMS full time Marine Science Educator will lead most of the classes. When appropriate, local experts and a scientist from Woods Hole will contribute.

FRIDAY

#13. WHEN JESUS CAME TO HARVARD with Tony Chamberlain

Friday, 10:00 AM-11:30 AM

March 8 through April 26

(8 sessions)

This course is based on the very popular course taught by Harvard professor, Harvey Cox. Professor Cox's readable text by the same name will be used in the class. The author's goal is to make the Jesus of "back then and there" relevant to moral choices here and now. In previous

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years, the late Jack Hill, former principal of Duxbury High School, adapted this course for the Lifelong Learning program. Join us for this thought-provoking class.

Required Text: *When Jesus Came to Harvard* by Harvey Cox

TONY CHAMBERLAIN retired from teaching English, Writing and Literature at Duxbury High School. He was also a staff writer and editor at *The Boston Globe* for nearly 40 years.

Opinions expressed by the facilitators are solely those of the facilitators and do not reflect the views or opinions of the Duxbury Council on Aging and the Duxbury Senior Center.



Online Registration
Opens on Monday, February 12 at 10:00 AM.
Visit www.duxburyseniorcenter.org
and click on *Register for a Lifelong Learning Program*.

Walk-in Registration
Monday, February 12 from 10-Noon and
Tuesday, February 13 from 10-Noon.

EASY STEPS TO REGISTER FOR A LIFELONG LEARNING CLASS

Access our Schedules Plus registration system by going to DuxburySeniorCenter.org and click *Register for a Lifelong Learning Program*. The Lifelong Learning Calendar will open.

Click **on the class you want to register for**. You'll be prompted to log in.

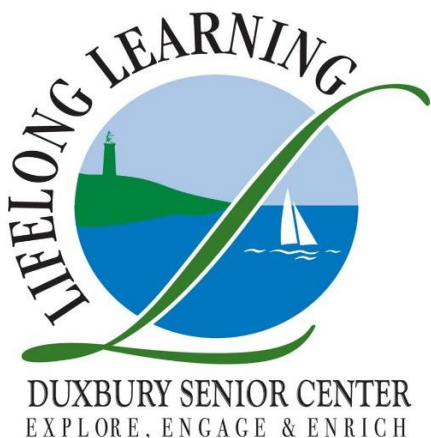
1. **Enter** your phone number, and click **Search ***
2. **Choose your name** and the Activity Detail page will open.
3. **Click Register**. The Shopping Cart will open. (You can continue to add classes to your cart by browsing topic using the navigation bars on the left.)
4. When you have finished, click **Check Out**.
5. If you would like to pay with a credit card, click **Pay Now**, if you would like to mail or bring a check to the Senior Center, click **Pay Later**. *Payment must be received prior to the start of the semester to confirm your registration.*

To find the Zoom link for a virtual program, go to our website, duxburyseniorcenter.org, and click **Virtual Center (Schedules Plus)**. Our Schedules Plus registration system will open. Click the green **Login** button, and log in with your **phone number**. Click **Virtual Center**. Links will be active 15 minutes before the program begins. Click **Join** to open the Zoom link.

*If you are new to the Duxbury Senior Center please call or stop in to register.

There is also this link on our website that may be helpful

https://www.town.duxbury.ma.us/sites/g/files/vyhlif3056/f/pages/online_payment_instructions.pdf



Open to all South Shore residents. All materials, textbooks and costs are the responsibility of the participant.

Fee for each course is \$30.

Checks are payable to the
TOWN OF DUXBURY.

Payment is required at registration.

For online registration you may select to “pay later” and not pay by credit card. A check must be received prior to the start of the semester to confirm your registration.

For Walk-In Registration

Name: _____

Address: _____

_____ **Zip Code** _____

Phone: _____ **Cell Phone:** _____

Email: _____

In Person Classes

Virtual Classes

#1 #2 #3 #4 #5

#7 #9B

#6 #8 #9A #10

#11 #12 #13

Total # of Courses Requested _____

Cost: \$30 per Course

Total Payment _____

Cash

Check Check # _____