

Disasters Do Not Just Happen to Others.

They Can Strike Close to Home!

Benefits of Volunteering

- Personal and professional satisfaction in helping your community during a time of crisis
- Opportunities to learn new skills
- Volunteers will receive medication first!
- Volunteers' families will also be treated first! (Barring an official public health directive)
- Support Emergency Management & First Responders
- Support your community in times of need and during community events
- Opportunities to train and respond with other emergency response organizations
- Opportunities to network, train and volunteer with other regional MRC units and Community Volunteers

Volunteers may be called upon to assist with:

- **Disaster Response** (Natural Disasters, Terrorism/ Bioterrorism, Infectious Disease Outbreaks)
 - o Regional/Local Shelter Operations
 - o Warming and Cooling Stations
- **Health Promotion**
 - o Health Education
 - o Health Fairs
 - o Vaccination Clinics
- **Community Events**
 - o Triathlons, Marathons
 - o Parades, Fairs
 - o School and Local Government Events

"Volunteering provides me with an opportunity to help others and makes me feel as if I'm giving something back"

-Connie M, Community Volunteer

"When volunteering at Edwards, I felt both humbled and privileged to have had the opportunity to assist the community of people who were evacuated from New Orleans. To know that I can make even a small difference in people's lives makes volunteering very gratifying".

-Lisa K, Volunteer at Edwards Air Force Base with Katrina Survivors



**A Partnership Between
The Boards of Health in Duxbury, Hanson,
Marshfield, Pembroke and Whitman Massachusetts**

To Join the DBAR MRC Contact:

**Tracy Mayo, Duxbury Health Agent
DBAR MRC Coordinator**
Duxbury Board of Health
878 Tremont Street
Duxbury, MA 02332

Phone: 781-934-1100 x5490

Email: DBARMRCvolunteer@gmail.com

Fax: 781-934-1118

Or

Your Local Board of Health

Hanson:
Hanson BOH
781-293-3138

Marshfield
Marshfield BOH
781-834-5558

Pembroke:
Pembroke BOH
781-293-2718

Whitman:
Whitman BOH
781-618-9756



A Partnership of Community Volunteers



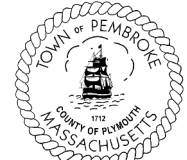
Duxbury, MA



Hanson, MA



Marshfield, MA



Pembroke, MA



Whitman, MA

**Help Make our
Communities
Stronger & Safer**

Be a Volunteer!

MAKE A DIFFERENCE IN YOUR COMMUNITY

WHAT IS THE MEDICAL CORPS?

The Medical Reserve Corps (MRC) is a national network of volunteers, organized locally to improve the health and safety of their communities. MRC units engage their volunteers to strengthen public health, improve emergency response capabilities and build community resiliency. They prepare for and respond to natural disasters, such as wildfires, hurricanes, tornados, blizzards, and floods, as well as other emergencies affecting public health, such as disease outbreaks. They also participate and support local non-emergent community events.

The Duxbury Bay Area Regional Medical Reserve Corps (DBAR)

The DBAR MRC is a partnership between the Boards of Health in Duxbury, Hanson, Marshfield, Pembroke, and Whitman, Massachusetts.

Under the direction of the Duxbury Board of Health, in cooperation with Local Emergency Managers, DBAR recruits, trains, mobilizes, and coordinates a community-based group of non-medical and medical volunteers who serve during emergencies and community events throughout the year.

For additional information about the MRC mission in MA please visit:

<http://www.mamedicalreservecorps.org>



*Volunteers are critical for mounting an efficient and organized response.
We cannot do this without your help!*

Who Can Volunteer?

YOU!

Whether you have medical skills or simply want to contribute to the health and safety of your community, we need you.

We Need Health Professionals

Are you a currently licensed or certified health professional or a retired health professional?

Doctors * Nurses * EMTs * Dentists • Veterinarians
Pharmacists * Behavioral Health Counselors
Physician Assistants * Allied Health
Pharmacy Technicians * Psychologists
Social Workers

We Need Non-Medical People Too!

We are looking for non-medical people who are interested in supporting our communities!

Educators * Interpreters * IT Specialists
Child Care * Clergy
Data Entry * Public Safety * Finance
Administration * Social Media

Whatever your Skills We Need You!

**Bring Your Skills, Energy
& Enthusiasm!**

Training Will Be Provided

BE A VOLUNTEER!

Whether you are a first time
or seasoned volunteer,
We Need You!

FREE Training will be provided both
before and at the time of the emergency.

Some of the trainings are listed below:

- Core Competency Trainings
 - Personal and Family Preparedness Planning
 - Incident Command
 - Psychological First Aid
 - CPR/AED (Automated External Defibrillator)
- First Aid
- Overview of Emergency Dispensing Sites
- Emergency Sheltering
- Cultural Awareness
- Live training exercises that simulate emergencies

Continuing Education Units (CEUs) may be available for some trainings

**FOR AN APPLICATION &
INFORMATION CONTACT**

YOUR LOCAL BOARD OF HEALTH

or Email:

DBARMRCvolunteer@gmail.com

VOLUNTEER TODAY!